

## From the Chairperson's Desk.....

*"With solidarity, we can defeat negativity"*



**Dr. (Mrs.) S.D. Malik**

### Warm greetings!!

The global Pandemic- Covid 19 has brought a whole new reality of schools being under lockdown but love and learning are not. A pessimist sees a difficulty in every opportunity but an optimist sees an opportunity in every difficulty. The ray of hope must be kept

ignited within all of us. The School's entire team is engaged in navigating new territories and making learning reachable to our students. Amidst the rising anxiety, I request all my parents to motivate their children to practice meditation, exercise, revisit old memories and eat healthy food. Let us keep the COVID-19 frontline warriors in our prayers every day and show our allegiance by staying home.

May you all have a safe time and be at your best while spending days connected to your family and E- learning school.

*Stay fit and healthy!*

## Principal's Message...

*"Hope is seeing light in the moment of darkness"*



**Dr. Mahima**

At the very outset, I would like to extend warm greetings and express my solidarity with you and your family during this unprecedented global predicament. We as a part of Education Institution, would like to assure you that our students' future prospects are our immediate priority. Our talented and ever-willing teachers are continuously engaged in conducting virtual classes. I understand that E-classes have been a challenge for both teachers and the parents. In this RPM issue we have tried to give you an insight of the virtual learning, including the survey done with the parents. I would like my students to keep themselves engaged in life skills: combination of routines, learning, fitness and fun. We, as a parent, should be compassionate towards our kids, share a loving bond with them. Remember to keep practising Social distancing as it is the only way to counter this Pandemic era.

*Stay home and stay positive !*

## CORONAVIRUS

### Protect yourself and loved ones from coronavirus.

Wash your **hands** regularly with **soap** and **water** or use an **alcohol-based** hand rub.

**Cover** your mouth and nose while **sneezing** or **coughing**.

**Avoid close contact** with anyone who has a cold or flu-like symptoms.

If you have fever, cough and difficulty breathing, **seek medical care early**.



### Aarogya Setu App

COVID-19 Tracker launched to alert you and keep you safe!

#### Why Aarogya Setu?



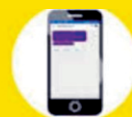
Protect yourself & the community from COVID-19



Precision tracking of the spread of COVID-19



Access curated and relevant advisory



Self-assessment test for infection mitigation



Help and support at hand

I recommend Aarogya Setu app to fight against COVID19. Please download and share it using this link

Android: <https://play.google.com/store/apps/details?id=nic.goi.aarogyasetu>

iOS: <https://apps.apple.com/in/app/aarogyasetu/id1505825357>

**Protect One | Protect All | Protect India**



# ACTIVITY CALENDAR- APRIL-2020

Grade: NUR-XII

SUN			 5 PTM Class-XII	 12 Survey on Online Teaching	 19 Revision Work	 26 Revision Work
			 6 MAHAVIR JAYANTI	 13 BAISAKHI Dance Performances	 20 Mindful Breathing (Happiness Curriculum)	 27 Self Composed Poem and Riddles
			 7 WORLD HEALTH DAY Poster Making	 14 AMBEDKAR JAYANTI	 21 Basket Ball Dribbling Skill	 28 Discussion on Effects of COVID-19 on Environment
		 1 New session begins	 8 Writing note of gratitude to COVID-19 warriors	 15 Mindful Check-in (Happiness Curriculum)	 22 EARTH DAY Poster Making	 29 Reading Test/ Types of Sentences
		 2 RAM NAVAMI	 9 Mask Making Activity	 16 Show and Tell Competition	 23 WORLD BOOK DAY Book Mark Making	 30 Rules of converting Singular into Plural
		 3 Home Time table	 10 GOOD FRIDAY PTM Class-X	 17 Tips on helping Parents at home	 24 VOCABPRO- Online Course Started	
SAT		 4 Right Way to Wash Hands	 11 Motivational video by Dr. S.D Malik maam	 18 Pranayam to improve Immunity	 25 Moral Value Activity	

ENGLISH WEEK



# ACTIVITY CALENDAR- MAY-2020

Grade: NUR-XII

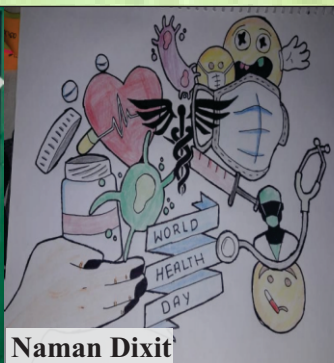
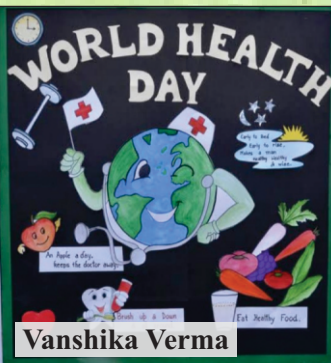
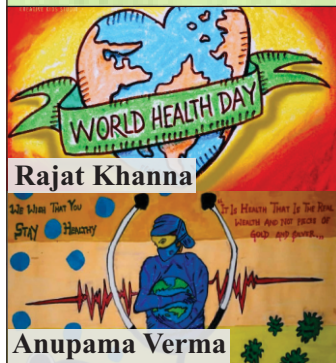
<b>SUN</b>			 <b>3</b> Revision Work	 <b>10</b> <b>MOTHER'S DAY</b>	 <b>17</b> Mock Drill for assessment	 <b>24</b> Revision Work
<b>MON</b>			 <b>4</b> <b>PTM Class-VII</b>	 <b>11</b> Craft Activity (Puppet Making)	 <b>18</b> MCQ Based Assessment begins (NUR-XII)	 <b>25</b> <b>EID-UL-FITR</b>
<b>TUE</b>			 <b>5</b> <b>WORLD LAUGHTER DAY</b> Laughter Exercises <b>PTM-Class-VIII</b>	 <b>12</b> Craft Activity (Table Mat Making)	 <b>19</b> Laughter Yoga	 <b>26</b> Dance Competition/ Assessment ends(III-V)
<b>WED</b>			 <b>6</b> Lemonade / Paper flower Bouquet making	 <b>13</b> Yoga for healthy life	 <b>20</b> Adopt a Monument	 <b>27</b> Computer Quiz
<b>THU</b>			 <b>7</b> <b>BUDDHA PURNIMA &amp; RABINDRANATH TAGORE JYANTI</b>	 <b>14</b> Seminar on Safety Tips	 <b>21</b> Healthy Eating Habits	 <b>28</b> Singing Competition
<b>FRI</b>		 <b>1</b> <b>LABOUR DAY</b> Tribute to 'Corona warriors' in form of posters	 <b>8</b> Chocolate Cake baking/ Poster making Stay Home...Stay Safe	 <b>15</b> Table Etiquettes	 <b>22</b> Eid activity	 <b>29</b> Discussion on Aarogya Setu App with Parents
<b>SAT</b>		 <b>2</b> <b>PTM CLASS-VI</b>	 <b>9</b> Card Making/ Nail Art	 <b>16</b> Oral & Reading Assessment ( Nur- II)	 <b>23</b> MCQ Based Assessment ends(Nur- II)	 <b>30</b> Mindful meditation/ Assessment ends(VI-XII)



## World Health Day

World Health Day is celebrated on 7th April every year all over the world. This day is observed to spread awareness related to health among the people. The World Health Organization was also established on the same day. W.H.O. has worked on many serious diseases like Chicken Pox, Polio, Measles, Tuberculosis to name a few. The World Health Day aims to Inspire, Motivate and Guide communities in health care services. Many activities were conducted in the school.

**Remember: Health Is Wealth**



## Mother's Day

Expressions of Students

**मां तो मां होती हैं**

मां तो मां होती हैं  
इसका कोई विकल्प नहीं होता  
मां तेरी गोद में आकर  
आज भी कोई बेटा नहीं रोता  
कैसे रखती हो इतना खयाल  
सोच के दिल घबराता है  
आप का कोमल स्वर  
आज भी हिम्मत जगाता है  
जीवन में जब परेशानी आई  
आप की आवाज आई  
घबरा मत सब ठीक चल रहा है  
बस उजाले से पहले  
थोड़ा अंधेरा दिख रहा है  
कोई बात नहीं मां  
यदि आपको नोबल पुरस्कार  
ना मिल पाए, मेरी यहीं प्रार्थना है  
कि यू ही आपका जीवन  
नोबल कार्यों में बीतता जाए।

**Mother is Irreplaceable**

Your arms were always open  
when I needed a hug.  
Your heart understood  
when I needed a friend.  
Your gentle eyes were stern  
when I needed a lesson.  
Your strength and love has guided  
me and gave me wings to fly.  
Mother you are irreplaceable.





## MASK MAKING ACTIVITY

**The Safety of the people is the highest law. Let's Fight against Corona II**

Mask - The Incredible Protector. Wearing a MASK is the first step towards protecting yourself from any contagious disease. Covid 19 or Corona Virus has taken the entire world into its grip. The only solution is MASK. In the present scenario, wearing a MASK is not a FASHION, but a COMPULSION. It resists virus in transmitting from one person to another. It must cover the NOSE, MOUTH and CHIN. It is the most MAGICAL weapon to fight against COVID 19. Last but not the least, try not to reuse it. The school has conducted this activity with the children where they learned to make simple home made mask.

**Better Be Safe Than Sorry**



## EID CELEBRATION

The greatness of a culture can be found in its festival" Eid-ul-fitr - a festival which symbolises virtuousness, peace and brotherhood. It also marks the end of the holy month of Ramadan. Keeping this in view Eid activity was organized for all grades. Our children were encouraged and involved to exhibit their talents by various activities like Lantern Making and Eid mubarak Cards. Also sweet delicacy preparation were shared by teachers with zeal and enthusiasm to enlighten the spirit behind the festival.



## CELEBRATING MAHAVIR JAYANTI & BUDDHA PURNIMA

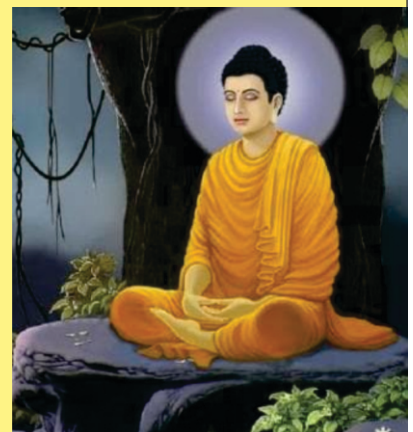


भगवान महावीर को  
खोजने हम कहा जाएंगे,  
बिना ठिकाना उनको  
हम कहाँ पाएंगे,  
करो भक्ति चंदना जैसी बंधुओ  
भगवान माहावीर तुहारे द्वार  
स्वय ही चले आएंगे

**- Mahavir Swami**

Judge nothing, you  
will be happy.  
Forgive everything,  
you will be happier.  
Love everything,  
you will be happiest.

**- Bhagwan Buddha**





## Baisakhi



## Earth Day





## Laughter Day

When you laugh and love you live a beautiful life!



Life is better  
when you are laughing

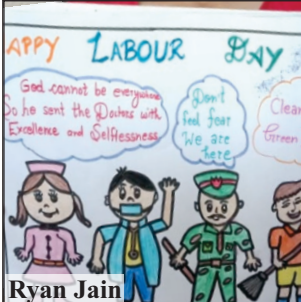
## Labour Day

Heartfelt gratitude to covid-19 frontline warriors

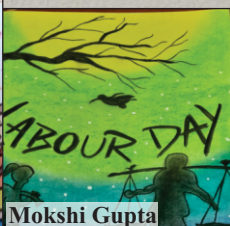


Angel Arora

Shivansh P.



Ryan Jain



Mokshi Gupta



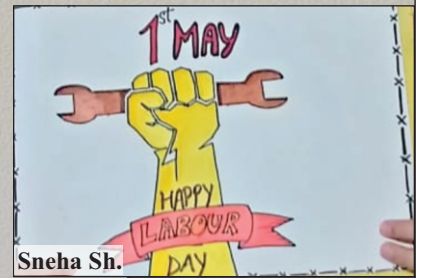
Suryansh R.



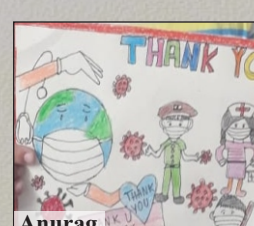
Prakriti

While the COVID-19 pandemic has created havoc across countries and businesses, one segment that is among the most affected is the labour workforce. Amid these chaotic times, the least we can do is to make workers feel appreciated and loved. Thank you to all the people engaged in essential services who are out of their homes every day putting their lives at risk.

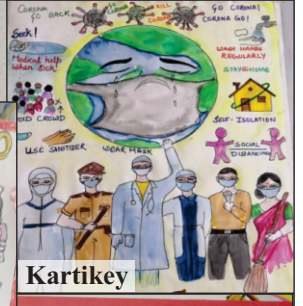
Thanks to all the people working from home, teachers and professors who are putting-in extra efforts for the good.



Sneha Sh.



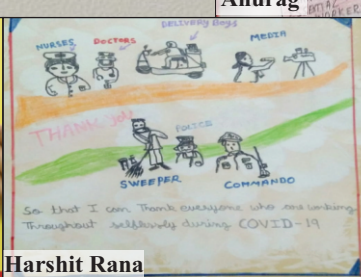
Anurag



Kartikey



Archit Sharma



Harshit Rana



## TINY TOTS OF NURSERY

### Activities at a Quick Glance

Children learn best through exploration and hands-on play experiences.

LPISTians believe in the given thought, that's why our little learners are learning and grasping every single thing taught with enthusiasm. Their interest and participation has proved that though school buildings are closed but the desire to learn is not. At such a tender age they have displayed their passion for learning and have rightfully proved that a will always finds a way.

**We have strength & the hope to believe, After Lockdown, we will emerge.....TRANSFORMED**



**GORANGI NAGI**

**BUTTONING THE SHIRT**



**MYRAA KATARIA**

**HYGIENE EXPERT**



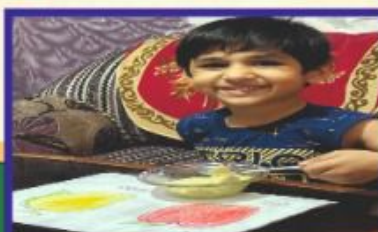
**ANSHIKA GUPTA**  
**LEAF PRINTING**



**APEKSHA YADAV**  
**PAPER FOLDING**



**AVNI JAIN**  
**COLOURING**



**DANIYAL SAIFI**  
**HEALTHY EATING HABITS**



**JAIVIK SHARMA**  
**POSTER MAKING**



**KRIDHA NALWA**  
**TABLE MAT MAKING**



**SHIVANSHI JAIN**  
**TEARING & PASTING**



**HARGUN**  
**NURTURING THE NATURE**



**YASH JAIN**  
**ENERGETIC CLAPPINGS**



**KASHVI CHAWLA**  
**SORTING FRUITS & VEGETABLES**



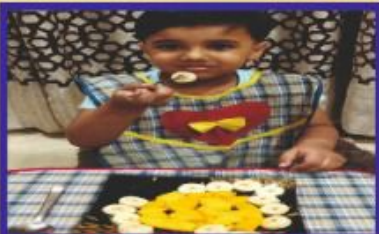
**RIDHIMA BOTHRA**  
**BISCUIT TOPPING**



**SAMARTH GUPTA**  
**LAUGHING EXERCISE**



**PRIDHI JAIN**  
**MINDFUL MEDITATION**



**ARNAV JAIN**  
**TABLE ETIQUETTES**



**ANIKA CHOPRA**  
**FLOWER MAKING**



**NAKSH KAPOOR**  
**DEDICATED WRITER**



**BHAVYA GUMBER**  
**FUN WITH SHAPES**



**RANBIR PUROHIT**  
**PATTERN MAKING**



**NAKSH RAI JAIN**  
**ENVIRONMENT HELPER**

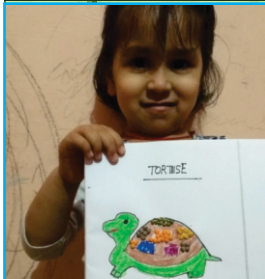


**SANYOG JAIN**  
**FINGER PRINTING**

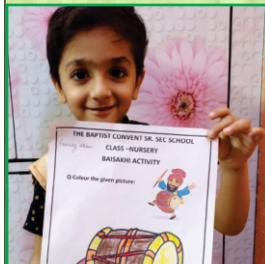


## Our Little Brigade of class Nursery Born to Shine!!!

We at Baptist Convent Sr. Sec. School believe that “The key to success is dedication to lifelong learning.” Our kiddies has adopted the new way of learning showcasing their talent and brilliance in the activities. “We are changing, We are progressing.”



**Artist- Ganika Kumari**



**Baisakhi Activity - Fawaz Khan**



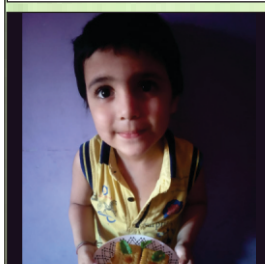
**Biscuit Topping - Ahana Rawat**



**Dancing Diva - Soumya Pandey**



**Book Mark Activity - Manan Rawat**



**Cold Cooking - Adwit Yuyal**



**E-Learner - Advik Saxena**



**Fun with Shapes - Divyanshi**



**Hygiene Expert - Anshika Sharma**



**Gardening - Prahaan Vats**



**Reciting Gayatri Mantra - Arush S Panwar**



**Rolling - Mudit P Singh**



**Free Hand Exercise - Avantika Sharma**



**Leaf Painting - Rudra Khurana**



**OM Chanting - Advika**



**Scout Clap - Aditya Negi**



**Painter - Saanidhya Naagar**



**Table Etiquette - Mishika Sinha**



**Origami Cat Making - Nyvaan Matto**



**Little Fighter - Kartikeya**



**Musician - Saiyam**



**Helping Mother - Sonika**



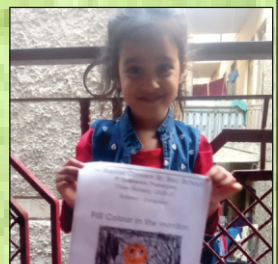
**Splashing Plants - Shivansh Negi**



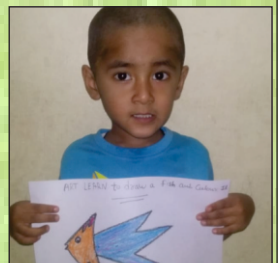
**Tearing & Pasting - Prachet Kumar**



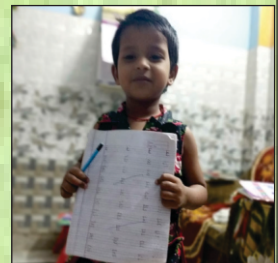
**Little Reader - Mahi Sharma**



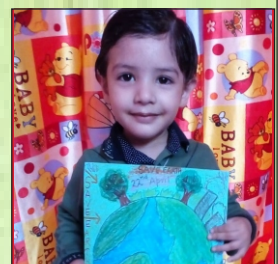
**Computer - Navya**



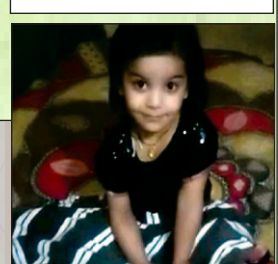
**Creator (Drawing) - Vansh**



**Diligent Writer - Manya Anand**



**Earth Day - Vinayak**



**Buttoning of Shirt - Shambhavi**



## Science Word Search

Y I D T L O R L C T C B E R K C Y J  
G K N Q E E X H U A B A R Z F E T U  
R E M S H C E N R H R I I F J P I P  
E Z L T E M H B Y T O E E D B R V I  
N W A A I C O N H Q X H Q R Z V A T  
E E C S H N T E O P H Y S I C S R E  
W B T D V W F K S L S Y S E L K G R  
W R A I R E T C A B O L G T C L M P  
Y U E U M U H F F B G G A O N A E G  
T H G I L J Z P A B F H Y M L A P C  
Y F Y T I C I R T C E L E T I O L S  
B F E W K M V W T I U U R A Z N I P  
V X E E K U R K P V C W K C D B A B

CARBON  
ENERGY  
PLANTS  
BACTERIA  
EARTH  
GRAVITY  
BIOLOGY  
CELL  
ELECTRICITY  
TECHNOLOGY  
ANIMALS  
CHEMISTRY  
JUPITER  
WEATHER  
CAT  
LIGHT  
SPACE  
WHALE  
INSECT  
PHYSICS



How many tigers?

Lets have a laugh!



Q: What do librarians take with them when they go fishing?  
A: Bookworms.



Q: What is white when its dirty and black when its clean?  
A: Blackboard.



Q: What is a snake's favorite subject in school?  
A: Hissssssstory.

IQ Test For Genius Only !

$$\text{Caterpillar} + \text{Caterpillar} + \text{Caterpillar} = 21$$

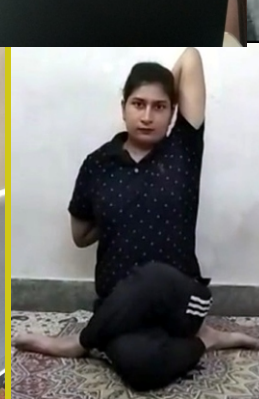
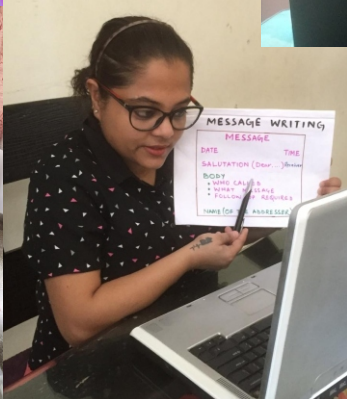
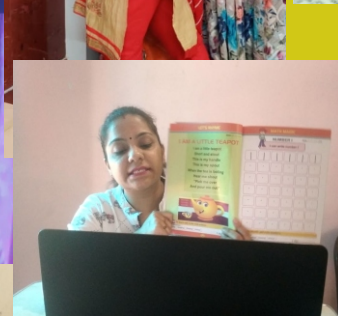
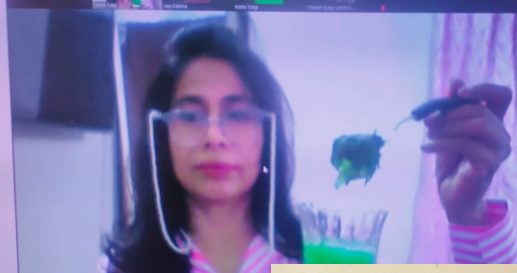
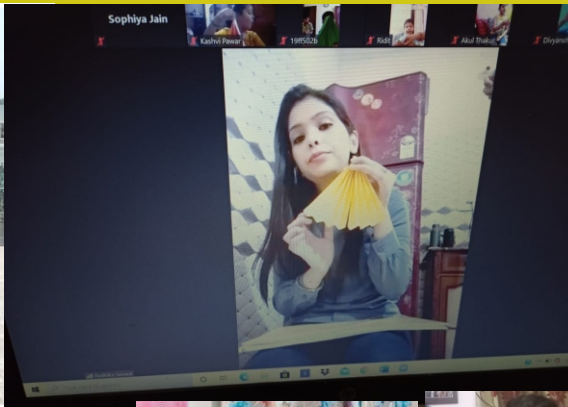
$$\text{Clock} + \text{Clock} + \text{Caterpillar} = 19$$

$$\text{Flower} + \text{Clock} + \text{Caterpillar} = 15$$

$$\text{Caterpillar} + \text{Flower} \times \text{Clock} = ?$$

Answers in the month of July issue.



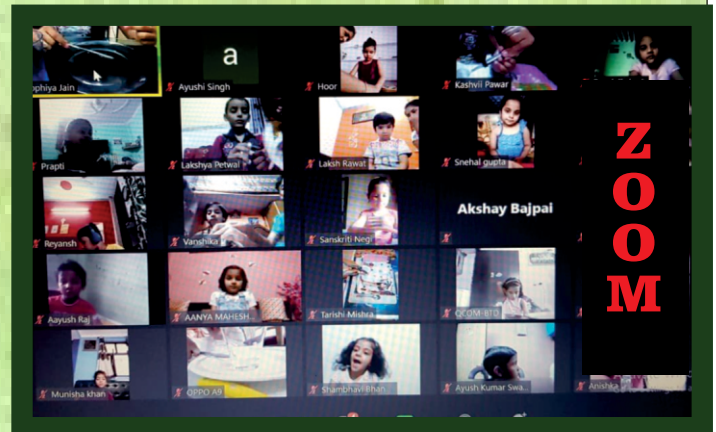
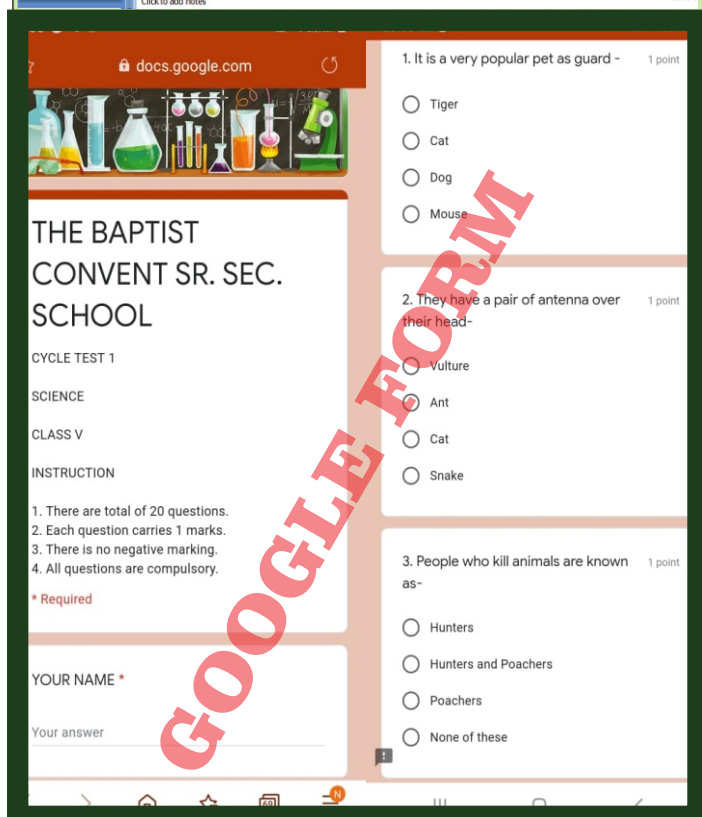
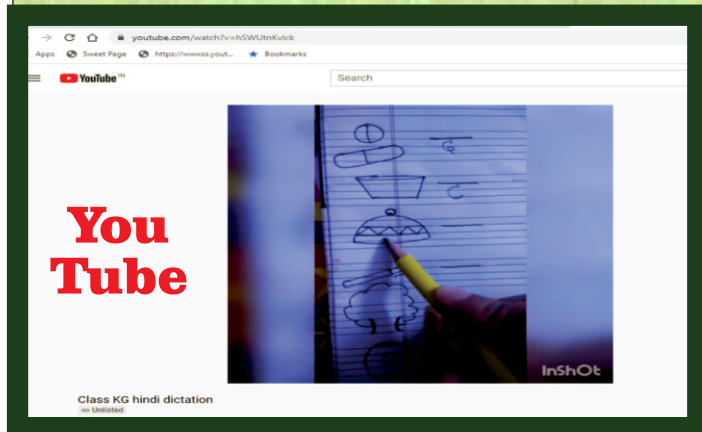




## Transition To Virtual Learning

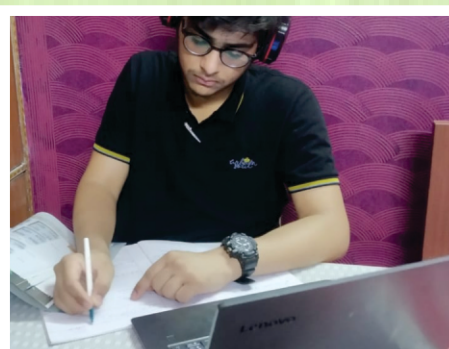
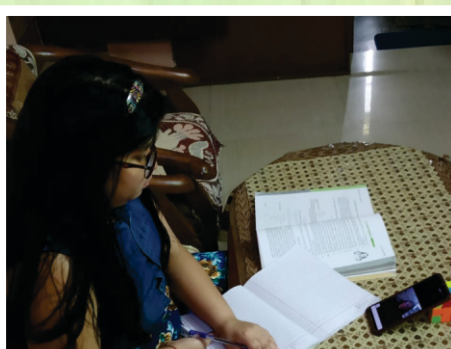
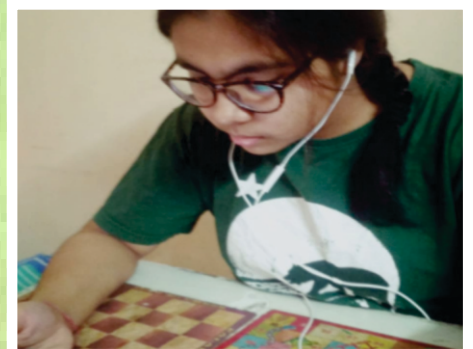
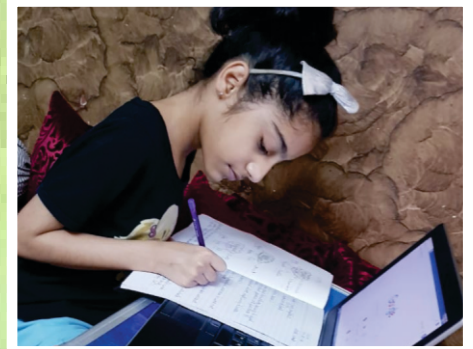
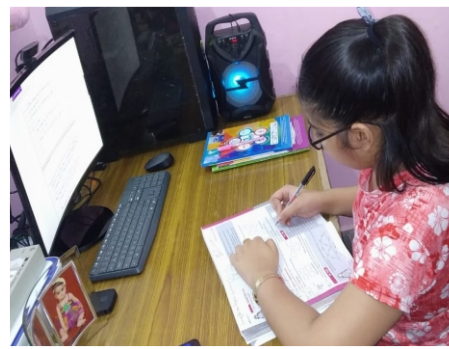
Every disruption can prove to be an opportunity ! This can be best exemplified by the present scenario at our school. By adopting and creating a quintessential virtual world with tailor made notes for each class, assignment, online assessments, the school went ahead setting a benchmark.

### Modes Adopted:





## Virtual Learning Adopted by Children





## What My Child Learnt From School During Lockdown



**Love and Respect**



**Pure Love!**



**Value of Traditionalism!**



**Joyful Learning!**



**Taking Responsibility!**



**Nurturing Nature!**



**To Love and Be Loved!**



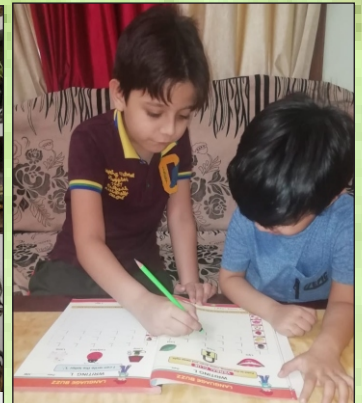
**Health is Wealth!**



**Absorbent Mind**



**3G's on Awareness Drive!**



**Bonding with Sibling!**



**Healthy Competition !**



**Caring and Sharing!**



## Articles by Academic Heads

### Stressor of E-Learning and their Remedies



The worldwide pandemic has changed the face of education. While E-learning has been a miracle in restoring normalcy, it has come with its own set of new age diseases - eye strain, neck and back pain, loss of sleep, etc.

#### How to avoid digital eye strain:

- \* Follow the 20-20-20 rule (look away from your screen every 20 minutes at an object 20 feet away for 20 seconds)
- \* Make sure the room you're working in is adequately lit
- \* Ensure that you're always sitting in a proper position
- \* Don't have the screen too close to your face
- \* Blink about 10-15 times per minute to coat your retinas
- \* Palm your eyes every few minutes to relax your eye muscles

#### How to avoid back and or shoulder pain:

- \* Check Your Posture- Sit up straight and keep the joints and bones aligned.
- \* Set Your Screen Height – Not too high or too low.
- \* Breathe mindfully and take frequent breaks
- \* Reflect at the End of the Day - Taking time at the end of the day to reflect on what went well, what could have been better and what you'll do to make tomorrow the best it can be, can go a long way in creating success in your life.

Ms. Anita Chatterjee

### फिर ना आए साल कोई ऐसा



जनवरी बीता उमंगों में  
फरवरी में उदासी छाई ।।  
मार्च बीता निराशा में  
फिर बारी अप्रैल की आई ।।  
इसने थोड़ी तबाही मचाई  
फिर भी लोगों में उम्मीद  
जगाई ।।  
मई में थोड़ी राहत मिली  
पर कोरोना से नहीं मुक्ति मिली ।।  
जून आया उम्मीदों भरा  
फिर छाया उल्हास नया ।।  
जुलाई में हम होंगे आजाद  
रौनक होंगे फिर बाजार ।  
अगस्त में होंगे भाई- बहन साथ  
और होंगे हाथों में हाथ ।।  
सितम्बर में होगा सब आसान  
तब तक भाग जाएगा कोरोना शैतान ।।  
अक्टूबर में करेंगे शक्ति की पूजा  
और ना होगा काम कोई दूजा ।।  
नवम्बर में होंगे हम सब साथ  
जलाएंगे दिए दीवाली की रात ।।  
दिसम्बर में करेंगे प्रार्थना  
बीते ना ऐसे फिर साल कोई अपना ।।

Ms. Divya Arora

### A Pet-friendly PANDEMIC .....!!



As the country tussles midst the outbreak of the COVID19 pandemic, there's a clique of creatures who are rejoicing, even during these hard times. Guess who? Our pets, of course! Those with pets at home, be it dogs, cats or even rabbits, must have surely noticed how cheerful their pets have been ever since schools have been shut and 'work from home' has commenced. Our children, out of boredom, ultimately ends up playing and spending time with their pets, offering them treats ; a winwin situation for the pet as well !! Not being able to go out in the park to play doesn't seem to disappoint them now. Ultimately a fun filled company in harrowing times like these.

Ms. Runa Guha

### Power of Prayers



When the unpredictability of life makes you weak,  
His blessings is all you have to seek.  
When the time is kind or is making you blind,  
In His solace, peace you will find.  
Prayers will take away your plight,

With God's blessings everything will be set right.  
With your prayers, you will see things done,  
'Cause He showers unconditional love on everyone.  
Prayers shield you in low and high tides,  
Prayers are our silent guide.  
Let faith and belief lead your way  
From darkness to the golden ray.  
Offer prayer of gratitude everyday,  
He listens and answers, even if you don't say.

Ms. Sunita Dhingra



## Sanitization of School

